



# POLAR BEAR PLUNGE

## FREEZIN for a REASON



Throw your winter jacket away and throw on your bathing suit.  
It's time to take the PLUNGE for Special Olympics Ontario!

**When:** Sunday, February 5, 2012  
**Where:** Confederation Place Hotel - Registration  
**Time:** 10:30am Registration  
11:30am Time to take the Plunge!  
At CRAWFORD WHARF



Kingston is proud to host the **2012 Special Olympics Ontario Spring Games** May 31-June 3, 2012. This year, the OLETR (Ontario Law Enforcement Torch Run) Polar Bear Plunge will raise money for these Games as well as raise funds to support the hard working athletes who are involved. Our goal is to raise \$10,000 at this event!

Special Olympics Ontario provides those in our community and across Ontario with an intellectual disability the opportunity to participate in sport and recreational activities. Special Olympics Ontario has helped thousands of adults and youth with intellectual disabilities become all they can be physically, socially and emotionally.

To participate in the Polar Bear Plunge, please complete the attached waiver form and the pledge sheet. Collect donations from all your friends, family, co-workers, and anyone who would like to see you plunge into the icy waters! A minimum of **\$100 registration fee** (or in pledges) is required to participate in the Plunge. Please contact **Cst. Stacey Cooper** at **(613) 532-0129** or **staceyc@specialolympics2012games.com** to confirm your participation or register online at [www.specialolympics2012games.com](http://www.specialolympics2012games.com)

### [Prizes for taking the PLUNGE!](#)

If you raise...

**\$100.00** - You will receive a Polar Bear Plunge shirt and one (1) draw ticket for the prize table.

**\$300.00** - A draw ticket for a chance to win up to \$150 in gift certificates to local Restaurants.

Awards will also be given for the **Most Outrageous Costume** (Organizers reserve the right to regulate what costumes can be worn in the water for safety concerns), **Best Group Participation** and **Top Fundraiser**.

# Kingston Polar Bear Plunge Event Entry and Waiver Form

In consideration of participating in the Polar Bear Plunge, I represent that I understand the nature of the event and that I/or my minor child am qualified, in good health and in proper physical condition to participate in such an event. I acknowledge that if the event conditions are determined to be unsafe, I and/or my minor child will immediately discontinue participation in the event.

I fully understand the event involves risk of serious bodily injury, including permanent disability, paralysis and death, which may be cause by my own actions, or inactions, those of others participating In the event, the conditions In which the event takes place, or the negligence of the "releasees" names below, and that there may be other risks either not know n to me or not readily foreseeable at this time; and I fully assume and except all such risks and all responsibility for losses, costs, damages I incur as a result of my participation in this event.

I hereby release, discharge, and covenant not to sue the Ontario Provincial Police, the Kingston Police Services, the city of Kingston, Confederation Place Hotel, the Law Enforcement Torch Run, Special Olympics Ontario, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners, and lessors of premises on which the Activity takes place, (each considered on the "RELEASEE's herein) from all liabilities, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite the release, waiver or liability, and assumption of risk I, or anyone on my an/or my minor child's behalf, make a claim against any of the Releasee, I will indemnify, save, and hold harmless each of the releasees from any such loss, liability, damage, of cost which each of the releasees from any such loss, liability, damage, of cost which may incur as the result of such claim.

I have read this release and waiver of liability, assumption of risk, and indemnity and fully understand it.

All participants must be 16 years of age or older.

\_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
Signature of Participant  
(Only if 18 or over)

Date: \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent/Legal Guardian

(If participant under age 18)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Age: \_\_\_\_\_

Dept/Group: \_\_\_\_\_

For information contact

**Cst. Stacey Cooper**

Provincial Games Manager (2012 Spring Games)

**Email: [staceyc@specialolympics2012games.com](mailto:staceyc@specialolympics2012games.com)**

**Phone: (613) 532-0129**

# 1<sup>st</sup> ANNUAL POLAR BEAR PLUNGE Donation Form - February 5<sup>th</sup>, 2012

In support of Ontario Law Enforcement Torch Run for Special Olympics Ontario and the 2012 Special Olympics Ontario Spring Games



Participant Name \_\_\_\_\_  
 Phone Number \_\_\_\_\_  
 Address \_\_\_\_\_  
 Email \_\_\_\_\_

*I will be participating in the 1<sup>st</sup> Annual Polar Bear Plunge in February. This event is to raise funds for children and adults with an intellectual disability by providing sport training and competition. Funds raised will go directly to support athletes for the 2012 Special Olympics Spring Games in Kingston. I need your help! Will you please sponsor me by making a tax deductible donation to Special Olympics Ontario today? Thank you!*

**Please make all cheques payable to Special Olympics Ontario**

Donor Name	Address (Street, City, Province, Postal Code)	Telephone/Email	Amount (Please check payment method)
		Tel:	\$ . .
		Email:	Cash <input type="checkbox"/> Cheque <input type="checkbox"/>
		Tel:	\$ . .
		Email:	Cash <input type="checkbox"/> Cheque <input type="checkbox"/>
		Tel:	\$ . .
		Email:	Cash <input type="checkbox"/> Cheque <input type="checkbox"/>
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\* Please make all cheques payable to: **Special Olympics Ontario**. Tax receipts will be issued for donations \$20 or greater \*  
 Special Olympics Ontario Registered Charitable Number - 11906 8435 RR0001

